2025 Live Healthy Iowa Kids Track Championships
State Meet Information
Saturday, June 14, 2025

Location
Lions Field, 1000 N 8th Street, Clear Lake, IA 50428. Gates open at 8:00 am.

SCHEDULE* – Refer to the Order of Events sheet. Events will run continuously.

8:45 am	Field Events begin
9:30 am	1st Session Running Events begin
10:30 am	Parade of Athlete
	2nd Session Running Events begin immediately following the Parade of Athletes

*All times are approximate, and events may occur earlier or later depending upon the number of entries, etc. It is important that all athletes arrive by 10:30 am.

ATHLETE CHECK-IN
Upon arrival, athletes must check-in at the table located just inside the gate for their T-shirt and needed information. Please note, all athletes must arrive for check-in by 10:30 am.

Tentative heat assignments will be posted by 5:00 pm, Friday, June 6th at www.livehealthyiowakidstrack.org. *Final* heat assignments will be posted Friday, June 13th by 10:00 am at the same location.

CALL FOR EVENTS
Announcements will be made throughout the track meet to provide information about upcoming events, where participants should report, etc. *Athletes must enter the track area through the southwest gate.* Only athletes are allowed on the track and the infield area.

DETERMINATION OF FINALISTS
Athletes participating in the 50m dash and 100m dash will first run preliminary races in the 1st Session. These races will be used to determine the top eight qualifiers, in each division for the final races where awards are given. When finalists have been determined, it will be announced and posted. Finals for the 50m and 100m will be run in the 2nd Session, following the Parade of Athletes.

RULES WORTH NOTING
- No track spikes allowed. Gym/running shoes only.
- Participants may not wear sunglasses (unless prescription).
- Athletes can only participate **in ONE local LHIK Track meet.** If it is discovered that an athlete ran in more than one local meet, he/she will be disqualified.

AWARDS
Once results are verified, winners will be announced, and awards can be picked up at the awards tent. A podium for photo opportunities will be available.

PARADE OF ATHLETES

At 10:30 am, athletes should report to the north end zone of the football field. A representative will have a sign with the qualifying city on it to aid in organizing the parade of athletes. Please wear your Live Healthy Iowa Kids Track Championship T-shirt for this ceremony.

NO COOLERS WILL BE ALLOWED IN THE FACILITY

Concessions will be available on site. Athletes may bring personal water bottles/jugs.

GATE ADMISSION

A $5.00 admission will be collected for everyone ages 8 and older. Meet participants are free.

QUESTIONS

Live Healthy Iowa – Nicole Kennedy (515)292-3251 ext. 702 or Nicole.kennedy@livehealthyiowa.org
City of Clear Lake/Athletics & Wellness Center - Troy Tysdahl – (641)355-4612 or troy@cityofclearlake.org