

## Decorah Park-Rec Dodgeball Rules

- A captain must be in charge of each team.
- Teams are comprised of 6-8 players.
- 6 players are on the court to start each game, 3 boys and 3 girls (anyone not in the game must stay off the floor)
- Open to competitors in grades 6-8
- Object of the game is to eliminate all the opposing players by getting them "OUT." This may be done by hitting an opposing player below the head and neck with a "LIVE" ball or by catching a "LIVE" ball thrown by an opponent before it touches the ground.
- A "LIVE" ball is one that has been thrown and has not touched anything, including the floor or, another ball, another player, official or other item outside the playing field.
- Clothing does count as "OUT" if hit by a live ball.
- Any player who touches the sideline, frontline, or backline for any reason will be considered "OUT".
- Once a player is hit they must kneel on the sideline for the remainder of the game.
- If a teammate (who is the last player left) catches and opposing player's throw, the teammate most recently eliminated may return to the game.
- A match consists of the best 3 out of 5 games.
- Games have a time limit of 5 minutes.
- Stalling will be called after 10 seconds, after being warned you have 5 seconds to release the ball or will be called "OUT".
- In case of a tie, there will be a sudden death over time match. The first team to record an "OUT" wins.
- Substitutions may only be made between games.
- Teams will be responsible to help ref the game prior to their game. Referees will consist of 2 players from each team.
- Before the start of each game, balls will be placed on the dividing line. There must be at least 3 players within 10 feet of the dividing line when the game begins.
- Teams may approach the dividing line upon signal of the official to retrieve balls to their right of center court. Once a ball is retrieved it must be taken back behind the 10 foot line before it can be thrown.
- Team t-shirts are recommended for teams.
- There will not be access into the Middle School that day or into locker rooms.
- Wear appropriate court shoes.
- Each player needs to have waiver signed by parent or guardian.
- Turn roster, waivers and \$30 team entry fee into the Decorah Park-Rec office by 4pm Friday, October 28.

**DECORAH DODGEBALL TOURNAMENT  
OFFICIAL TEAM ROSTER**

TEAM NAME

TEAM LEADER

LIST ALL TEAM MEMBERS BELOW INCLUDING THE TEAM LEADER

NAME (First, Last)	GRADE	PARENT/GUARDIAN PHONE NUMBER
01		
02		
03		
04		
05		
06		
07		
08		

EACH GAME IS PLAYED WITH 6 TEAM MEMBERS (3 BOYS AND 3 GIRLS).  
TEAM ROSTER LIMIT IS 8 PEOPLE.

REMEMBER . . . ALL TEAM MEMBERS MUST TURN IN A SIGNED WAIVER FORM  
(SEE BELOW) TO BE ELIGIBLE TO PLAY



**Decorah 6<sup>th</sup> ~ 7<sup>th</sup> ~ 8<sup>th</sup> Grade**

**DODGEBALL TOURNAMENT WAIVER**



<b>Friday, November 4</b>	<b>Teams must check in at the Carrie Lee Gym by 8:45 am (enter through gym doors on east side of building)</b>
<b>\$30 entry fee per team</b>	<b>Play begins promptly at 9:00am and will finish around 12pm</b>
<b>Games are played with 6 team members (3 boys, 3 girls) - Team roster Limit: 8</b>	
<b>Team roster, waiver forms, and \$30 team entry fee must be turned in to the Park-Rec Office by Friday, October 28.</b>	

I hereby waive and discharge Decorah Parks & Recreation and Decorah Community Schools of and from all claims for damages resulting from injury to my person or property, which may be sustained or suffered by my participation in the Decorah 6<sup>th</sup> ~ 7<sup>th</sup> ~ 8<sup>th</sup> Grade Dodgeball Tournament. I, guardian of the below dodgeball participant, agree to the above waiver and release per my signature.

**Participant Name:** \_\_\_\_\_

**Team Name:** \_\_\_\_\_

**Guardian Signature:** \_\_\_\_\_