

# RECREATION ACTIVITIES IN SEPTEMBER, OCTOBER & NOVEMBER 2021



## DECORAH PARKS & RECREATION

### DECORAH PARKS & RECREATION OFFICE

PO Box 513  
400 Claiborne Drive (City Hall)  
Decorah, Iowa 52101  
Telephone: (563) 382-4158  
Fax: (563) 382-6525  
Email: [parkrec@decorahia.org](mailto:parkrec@decorahia.org)  
Web: <https://parks.decorahia.org>  
Office Hours: Monday thru Friday, 8am to 4pm

### FULL-TIME STAFF

Andy Nimrod,  
Parks and Recreation Director  
Erika Huegel  
Superintendent of Recreation & Business  
Blake Moen  
Superintendent of Recreation & Aquatics  
Scott Ihde,  
Park Superintendent  
Scott Vande Krol,  
Campground Superintendent  
Jon Geiger,  
Park Assistant

### PARK-REC. BOARD

Rich Gaard, Chair  
Cindy Allbers, Vice Chair  
Kathy Bakken  
Briah Fuhrmann  
Shirly Vermace

### SPECIAL THANKS

to the Decorah Community Schools for providing the facilities necessary for many of our programs, to Decorah Newspapers, Decorah Public Library, KVIK radio stations, [decorahnews.com](http://decorahnews.com), [decorahnow.com](http://decorahnow.com), Winneshiek County Convention & Visitors Bureau, and Decorah Area Chamber of Commerce for their promotion of Park-Rec. activities and events, and to our many sponsors and volunteers that help keep our participation fees affordable for all.

### CANCELLATIONS DUE TO WEATHER

will be announced on Facebook, Twitter, and the Decorah Park-Rec Website, <https://parks.decorahia.org>.



## REGISTRATION IS AVAILABLE ONLINE!

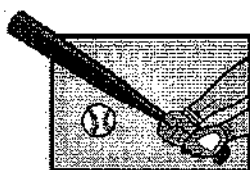
Credit and debit card payments are only accepted online. Go to <https://parks.decorah.org> and click on the Online Registration & Activities Info button.

Only check or cash payments are accepted if you wish to register in person at the Park-Rec. Office. Mail-in registrations must be paid by check only--no cash payments, please.

For future reference, the tentative online release dates for our quarterly brochures are:

Date	Brochure
August 16	Sept, Oct & Nov
November 15	Dec, Jan & Feb
February 15	Mar, Apr & May
May 2	June, July & Aug

## COED SLOW PITCH SOFTBALL LEAGUE



for ages 16 and up

League play is Wednesday evenings beginning

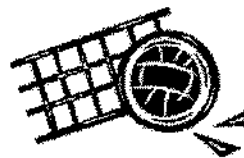
September 8 and running thru late October. Games are played at Diamond #2 (near the Tennis Courts). Teams consist of at least 5 male and 5 female players, with a roster maximum of 20. Teams are responsible for umping games, 12-inch game balls are supplied.

Official roster forms may be downloaded from our website or picked up at the Park-Rec. Office. Schedules will be emailed to captains. Games balls will be available in the office on Tuesday, September 7.

If you are looking for a team to play with, leave your name and phone number at the Park-Rec. office.

**FEE: \$75/TEAM**

**DEADLINE: FRI, AUGUST 27**



## VOLLEYBALL LEAGUES

Registration begins Oct 1

For ages 16 and up - HS volleyball team rostered players are not allowed to play until their season is over. In Women's League, HS players may only play in "A" League.

Matches are played evenings in the Carrie Lee Elementary Gym. League play starts in November with Women's on Wednesdays (Nov 3) and Coed on Sundays (Nov 7). Official roster forms are available at the Park-Rec. Office or may be downloaded from our website.

**FEE: \$100/TEAM**

**DEADLINE: FRI, OCTOBER 22**

## ADULT REC VOLLEYBALL

a free drop-in activity

Recreational volleyball is in the Carrie Lee Elementary Gym (enter through the north doors) on Tuesdays, January 18 thru March 29 7:30 to 10:00 pm. A schedule is posted in the gym and online.

## TOUCH-A-TRUCK

A fun, free, open house event for the whole family. No need to register, just show up!



Join us in the parking lot behind the Decorah Fire Department on Saturday, October 9, from 11:00 am to 1:00 pm. Kids will have the opportunity to explore their favorite vehicles including police, fire and emergency vehicles, construction equipment, and city maintenance vehicles.

This event is co-hosted with the Decorah Fire Department in conjunction with Fire Prevention Week, and includes a free hot dog lunch.

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## SPIKESTERS VOLLEYBALL



for grades 3<sup>rd</sup> thru 6<sup>th</sup>

### SPONSORS:

**DENTAL ASSOCIATES OF DECORAH, PC**

This program meets in the Carrie Lee Elementary Gym on Saturday mornings,

**September 11 thru October 16.** Skills are taught weekly and then put to use in game-like situations. Shirts and schedules will be available for pick up in the Park-Rec Office, 8:00am to 5:00pm Thursday, September 9.

**FEE: \$25 (includes shirt)**

**DEADLINE: THURS, AUGUST 26**

## GAME PLAN

for grades 1<sup>st</sup> & 2<sup>nd</sup>

Come right after school and participate in a variety of activities including sports and yard games! This program meets **Thursdays, October 7 thru 28, 3:15-4:00pm.** Students will meet in the John Cline gym and walk over to the green space in the outfield of Diamond #2. Maximum of 20 participants.

**FEE: \$20**

**DEADLINE: FRI, OCTOBER 1**

## DODGEBALL TOURNAMENT -

*Registration begins Oct 15*

for 6<sup>th</sup> thru 8<sup>th</sup> grades

**Friday, November 5 (no school day!)**

Decorah Middle School students are invited to organize teams (3 girls, 3 boys); each team member must have a waiver signed by a parent/guardian. Teams must check in at the Carrie Lee Gym by 8:45 am, and games will run most of the morning. Team roster/waiver forms are to be picked up from the Middle School PE teachers and turned in at the Park-Rec. Office.

**FEE: \$25 per team**

**DEADLINE: FRI, OCTOBER 29**

## FAMILY OPEN BASKETBALL

*a free drop-in activity Sundays, 1:00-4:00pm in the Carrie Lee Gym.* This is an opportunity for kids and parents to get out of the house and enjoy some unstructured basketball play. Little Tykes hoops and basketballs will be available for younger kids. This activity will be in the Carrie Lee Elementary Gym (enter through the north doors) on **Sundays from 1:00 to 4:00 pm, November 7 thru February 6.** A schedule will be posted in the gym and online. All children must be accompanied by an adult.



## FLAG FOOTBALL LEAGUES

NERF for 1<sup>st</sup>-2<sup>nd</sup> grades

Parents: We need volunteer coaches to help with this program. If interested, please put your name and t-shirt size on your child's entry form.

**JUNIOR** for 3<sup>rd</sup>-4<sup>th</sup> grades

**SENIOR** for 5<sup>th</sup>-6<sup>th</sup> grades

The junior and senior leagues are coached by Decorah High School football players.

This program is held Saturday mornings, September 11 thru October 16, at Will Baker Athletic Fields. Game mornings will consist of a short practice followed by a game. Games will not be rescheduled if cancelled due to weather.

**Thursday, September 9, 8:00am-5:00pm:** Players pick up schedule and team shirt at the Park-Rec. Office.

**FEE: \$25 (includes shirt)**

**DEADLINE: THURS, AUGUST 26**

**NERF LEAGUE SPONSORS:** GUNDERSEN HEALTH SYSTEM & ONEOTA VALLEY FAMILY EYE CARE

**JUNIOR & SENIOR LEAGUE SPONSORS:** DECORAH ELECTRIC INC., DENTAL ASSOCIATES OF DECORAH, PC, GUNDERSEN HEALTH SYSTEM (Gundersen Health System is sponsoring 2 teams), ONEOTA VALLEY FAMILY EYE CARE, PRAIRIE LAKES CHURCH, PSIMOS ORAL SURGERY, SHEAR WONDERS SALON & BOUTIQUE, STANLEY ENGINEERED FASTENING, TOTAL TREE CARE & WINNESHIEK MEDICAL CENTER

## TURKEY SHOOT *a free activity... just show up!*

In this fun family event, a parent and child team up, combine their ages to determine their competition bracket, and each shoot 10 free throws in an attempt to win a certificate for a free turkey. In addition, all teams are eligible for a prize drawing. **The "shoot" will be held in the DHS Main Gym on Monday, November 8 from 6:30 to 8:00 pm.** Winning teams will be posted on the Park-Rec. website and Facebook by 5:00 pm on Tuesday, November 9.

**SPONSORS:** Turkeys provided by DECORAH FAREWAY. Drawing prizes provided by GUNDERSEN HEALTH SYSTEM & T-BOCKS SPORTS BAR & GRILL

## SHARP SHOOTERS -

*Registration begins Oct 1*

For grades 1<sup>st</sup> thru 3<sup>rd</sup>

**SPONSORS:** DECO PRODUCTS COMPANY & DENTAL

**ASSOCIATES OF DECORAH, PC**

This basketball program is held in the Carrie Lee Elementary Gym on Saturday mornings, **November 6 thru December 11** (No basketball Sat, Nov 27). Each day of this program will include a skill session followed by a short scrimmage. Participants will be divided into groups based on grade level and each participant will be assigned to a 45-minute time slot each Saturday morning. Participants pick up their schedule and jersey at the Park-Rec. Office on **Thursday, November 4, from 8:00 am to 5:00 pm.**

**FEE: \$25 (includes reversible jersey)**

**DEADLINE: THURS, OCT 21**

## HOOPSTERS - *Registration*

*begins Oct 1*

for grades 4<sup>th</sup> thru 6<sup>th</sup>

**SPONSORS:** ONEOTA VALLEY FAMILY EYE CARE

This basketball program meets in the Carrie Lee Gym **Monday, Tuesday and Thursday evenings beginning November 11 and running through December 14.** Each day of this program will include a skill session followed by a short scrimmage. Participants will be divided into groups based on grade level and each participant will be assigned to attend six evening sessions. Participants pick up their schedule and jersey at the Park-Rec. Office on **Thursday, November 4, from 8:00 am to 5:00 pm.**

**FEE: \$30 (includes reversible jersey)**

**DEADLINE: THURS, OCT 21**



Like Decorah Parks & Recreation  
on Facebook

# RECREATION ACTIVITIES IN SEPTEMBER, OCTOBER & NOVEMBER 2019

**CHECKS PAYABLE TO "DECORAH PARK-REC. DEPT":** \$10 service charge on all returned checks. Send form and payment to Decorah Park-Rec. Office, PO Box 513, Decorah, IA 52101. **No receipts will be sent out.**

**LATE REGISTRATIONS:** For programs that include a team shirt, a shirt will not be guaranteed when registration is received beyond the program deadline. Late registrations for all programs will only be accepted in the Park-Rec. Office if space is available.

**REFUNDS & CREDITS:** Given only if program is canceled due to low enrollment, program is filled, or registrant cannot participate due to medical reasons.

**TEAM ASSIGNMENTS:** Children will be placed on teams in a random manner with the exception of children living in the same household who will be assigned to the same team if in the same age/grade division. Requests to "team up" children for carpooling purposes will not be granted. If you feel you have extenuating circumstances, you may fill out a request form at the Park-Rec. Office to be reviewed by our staff.

**CHILDREN'S CONDUCT POLICY:** Children are required to follow all set rules and guidelines for programs or activities. The use of foul language, fighting or disruption of activities is prohibited. If acts of disruption occur, parents will be notified and further disciplinary actions will be discussed. Consequences of poor behavior may include time outs, temporary suspension or revocation of participation privileges.

## REGISTRATION FORM (or register online at <https://parks.decorahia.org>)

### HEAD OF HOUSEHOLD/GUARDIAN - FAMILY INFORMATION

FIRST NAME		LAST NAME	
ADDRESS			
CITY		STATE	ZIP
HOME PHONE	WORK PHONE	CELL PHONE	
EMAIL ADDRESS			

EMERGENCY CONTACT NAME AND PHONE IF DIFFERENT THAN ABOVE

PARTICIPANT NAME	BIRTHDATE	GRADE	SEX	PROGRAM NAME	FOR FOOTBALL, SPIKESTERS, SHARPSHOOTERS, HOOPSTERS ONLY <small>SHIRT SIZE: 6-8, 10-12, 14-16 OR ADULT S, M, L, XL</small>	FEE

Program registrants assume full responsibility for any risk, implicit or direct, by participation in said activity or facility. You are advised the City does not provide medical insurance covering injuries to its participants.

**TOTAL AMOUNT DUE**

**WAIVER FORM:** I, Parent or guardian of the entrant(s) listed above, waive and release any and all rights and claims for damages against the City of Decorah, Decorah Parks and Recreation and its employees, Decorah Community Schools, other sponsors and volunteers, for any and all injuries that may be suffered by the entrant(s) listed above in connection with the above registered activity(ies). I grant the Decorah Parks and Recreation Department permission to use pictures or videos taken of my child during participation in programs. I waive my right to inspection and compensation.

**HEAD OF HOUSEHOLD/GUARDIAN'S SIGNATURE** \_\_\_\_\_

**YES! I would like to volunteer to coach my child's Nerf Football team.**

Name \_\_\_\_\_ T-Shirt Size (circle) S M L XL XXL