



INSTRUCTIONS FOR COMPLETING THE WATER SAFETY INSTRUCTOR COURSE ONLINE PREREQUISITES

Thank you for registering for the American Red Cross Water Safety Instructor course.* Two different delivery methods are available for the Water Safety Instructor course: blended learning (in which portions of the coursework are completed online before attending in-person skill sessions) and instructor-led (in which participants complete the online Orientation to the Swimming and Water Safety Program, then all the remaining training is completed in the classroom and in the water). Here is what you need to know to get started:

Prerequisites to Participate in the Water Safety Instructor Course

To participate in the Water Safety Instructor course, you must:

- Be at least 16 years of age on or before the last day of the instructor course.
- Demonstrate the ability to perform the following swimming skills:
 1. Swim the following strokes consistent with American Red Cross Level 4 stroke performance criteria:
 - Front crawl—25 yards
 - Back crawl—25 yards
 - Breaststroke—25 yards
 - Elementary backstroke—25 yards
 - Sidestroke—25 yards
 - Butterfly—15 yards
 2. Maintain position on back for 1 minute in deep water (floating or sculling)
 3. Tread water for 1 minute
- Successfully complete the online Orientation to the Swimming and Water Safety Program.
 - To access the online Orientation to the Swimming and Water Safety Program, go to the Water Safety Instructor Candidate's page of Instructor's Corner (<http://www.instructorscorner.org/wsicandidates/>).
 - After completing the online orientation, print out, sign and date the signature page and bring it with you to the first day of class.
- Successfully demonstrate competency in the Precourse Session.

Note: Age will be verified during the Precourse Session. Also, be sure to bring the signature page as evidence that you completed the online Orientation to the Swimming and Water Safety Program.

Certification Requirement

To become certified as a Water Safety instructor, you must:

- Successfully complete the online Orientation to the Swimming and Water Safety Program.
- Successfully complete the Precourse Session.
- Attend and actively participate in all course sessions (including any assigned online content).
- Successfully complete class activities, including the required practice-teaching assignments.
- Score a minimum of 80 percent (40 correct answers out of 50 questions) on the instructor course final written exam.

Contact the American Red Cross if you have questions at 1-800-REDCROSS (1-800-733-2767).

***Please note:** You must first register for the Water Safety Instructor course at the American Red Cross Learning Center—<https://classes.redcross.org>.