

WATER SAFETY INSTRUCTOR (WSI) COURSE - DECORAH, IOWA
INSTRUCTOR: JOANN KJOME (563) 382-4592

Prerequisites:

1. 16 yrs old by June 9, 2018
2. Evaluation of swimming skills
3. **To be completed by the first class (June 1):**
Once we receive your registration form and payment, we will email you a registration link to the course on the American Red Cross site. If you are a new ARC user, you will need to create a profile in the Learning Center prior to registering for the course. **You must take the online Orientation to the Swimming and Water Safety Program and provide certificate of completion on June 1.**
See additional information on WSI Course prerequisites on opposite page.

Dates, Times and Location:

The **Decorah Swimming Pool**, (Pool Street), Council Room in the **Decorah Municipal Center** (400 Claiborne Drive—park in the lot behind the DMC), and the **Decorah Public Library** (202 Winnebago Street—park in the lot between the library and The Haymarket. Use the rear entrance to the library and go straight back and to your left—class is in the Public Meeting Room.)

First Day, June 1

4:00-6:00 pm: Decorah Pool

Sat, June 2

8:30-10:30 am: Decorah Municipal Center
10:30 am-12:30 pm: Decorah Pool

Sun, June 3

1:30-4:30 pm: Decorah Municipal Center

Mon, June 4

2:30-4:30 pm: Library Meeting Room
4:30-6:30 pm: Decorah Pool

Tues, June 5 thru Fri, June 8

8:30-10:30 am: Library Meeting Room
10:30 am-12:30 pm: Decorah Pool

Sat, June 9

8:30-10:30 am: Decorah Municipal Center
10:30 am-12:30 pm: Decorah Pool

****Any conflicts with these dates, call JoAnn at (563) 382-4592 for makeup***

Supplies:

Swimsuit and towels (goggles are optional),
pen or marker

Please return the registration form below with your check. Keep the rest of the information for your reference.

Cost:

A class fee of **\$150.00** will be charged per person (books and admin fees included). **Make checks payable to: Decorah Park-Rec.** and send with the registration form by the deadline date—**Friday, May 18.**

Registration Form:

First Name

Last Name

Address

City

State

Zip

Home Phone

Cell Phone

Email Address

Age

_____/_____/_____

Birthdate

\$ _____

Amount Enclosed

SEND TO:

DECORAH PARKS & RECREATION OFFICE
PO BOX 513
DECORAH, IOWA 52101

DUE: FRIDAY, MAY 18, 2018



INSTRUCTIONS FOR COMPLETING THE WATER SAFETY INSTRUCTOR COURSE ONLINE PREREQUISITES

Thank you for registering for the American Red Cross Water Safety Instructor course.* Two different delivery methods are available for the Water Safety Instructor course: blended learning (in which portions of the coursework are completed online before attending in-person skill sessions) and instructor-led (in which participants complete the online Orientation to the Swimming and Water Safety Program, then all the remaining training is completed in the classroom and in the water). Here is what you need to know to get started:

Prerequisites to Participate in the Water Safety Instructor Course

To participate in the Water Safety Instructor course, you must:

- Be at least 16 years of age on or before the last day of the instructor course.
- Demonstrate the ability to perform the following swimming skills:
 1. Swim the following strokes consistent with American Red Cross Level 4 stroke performance criteria:
 - Front crawl—25 yards
 - Back crawl—25 yards
 - Breaststroke—25 yards
 - Elementary backstroke—25 yards
 - Sidestroke—25 yards
 - Butterfly—15 yards
 2. Maintain position on back for 1 minute in deep water (floating or sculling)
 3. Tread water for 1 minute
- Successfully complete the online Orientation to the Swimming and Water Safety Program.
 - To access the online Orientation to the Swimming and Water Safety Program, go to the Water Safety Instructor Candidate's page of Instructor's Corner (<http://www.instructorscorner.org/wsicandidates/>).
 - After completing the online orientation, print out, sign and date the signature page and bring it with you to the first day of class.
- Successfully demonstrate competency in the Precourse Session.

Note: Age will be verified during the Precourse Session. Also, be sure to bring the signature page as evidence that you completed the online Orientation to the Swimming and Water Safety Program.

Certification Requirement

To become certified as a Water Safety instructor, you must:

- Successfully complete the online Orientation to the Swimming and Water Safety Program.
- Successfully complete the Precourse Session.
- Attend and actively participate in all course sessions (including any assigned online content).
- Successfully complete class activities, including the required practice-teaching assignments.
- Score a minimum of 80 percent (40 correct answers out of 50 questions) on the instructor course final written exam.

Contact the American Red Cross if you have questions at 1-800-REDCROSS (1-800-733-2767).

***Please note:** You must first register for the Water Safety Instructor course at the American Red Cross Learning Center—<https://classes.redcross.org>.