

RECREATION ACTIVITIES IN DECEMBER 2017, JANUARY & FEBRUARY 2018



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DECORAH PARKS & RECREATION OFFICE

PO Box 513
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Decorah, Iowa 52101
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Email: parkrec@decorahia.org
Web: <http://parks.decorahia.org>
Office Hours: Monday thru Friday, 8am to 5 pm

FULL-TIME STAFF

Andy Nimrod,
Parks and Recreation Director
Judy Syverson,
Administrative Coordinator
Erika Randall,
Recreation Superintendent
Scott Ihde,
Park Superintendent
Scott Vande Krol,
Campground Superintendent
Robin Sailor,
Park Assistant - City Forester

PARK-REC. BOARD

Rich Gaard, Chair
Cindy Allbers, Vice Chair
Kathy Bakken
Jeff O'Gara
Shirly Vermace



Follow us on Twitter
@DecorahParkRec

CANCELLATIONS DUE TO WEATHER

...will be announced on Facebook, Twitter & <http://parks.decorahia.org>.

SPECIAL THANKS

... to the **Decorah Community Schools** for providing the facilities necessary for many of our programs ... to **Decorah Newspapers, Decorah Public Library, KDEC and KVIK** radio stations, **decorahnews.com, decorahnow.com, Winneshiek County Convention & Visitors Bureau, and Decorah Area Chamber of Commerce** for their promotion of Park-Rec. activities and events ... to our many sponsors and volunteers that help keep our participation fees affordable for all.

PICNIC SHELTER & WHALEN CABIN RESERVATIONS

We will begin taking reservations for picnic shelters and Whalen Cabin for the 2018 season on Tuesday, January 2, at 8:00 am.

Each **shelter reservation** within the Decorah Parks System covers a 6-hour time period and costs \$10. Reservations for Monday thru Thursday must be made and paid for 24 hours in advance; reservations for weekends must be made and paid for by 5 pm the Thursday before the desired weekend. This is a reservation fee, not a user's fee. Shelters not posted with a reserved sign may be used on a first come, first served basis.

Whalen Cabin, located in Phelps Park, may be rented at the following rates: \$40/time slot--11 am to 4 pm or 5 to 10 pm; rental for all day is \$55. Key must be picked up and rental agreement signed by 5 pm Thursday if a weekend rental, 24 hours in advance if renting Monday thru Thursday. Fees are non-refundable unless canceled two weekdays in advance. Scout troops may use the cabin at no cost, however reservations must be made in advance.

HOLIDAY LIGHTS & MAGICAL NIGHTS



Helping Services for Northeast Iowa will present Decorah's tenth annual holiday drive-through light show at Pulpit Rock Campground beginning Thanksgiving Day. Admission is through donations to Helping Services. **For more info:** www.helpingservices.org.

REGISTRATION IS AVAILABLE ONLINE!



Go to <http://parks.decorahia.org> and click on the Online Registration & Activities Info button. Credit and debit card payments are only accepted online.

If you don't have a computer, we are still accepting registrations by mail or in person at the Park-Rec. Office.

You must pay by check or cash.

For future reference, the tentative online release dates for our quarterly brochures are:

<u>Date</u>	<u>Brochure</u>
August 15	Sept, Oct & Nov
November 15	Dec, Jan & Feb
February 15	Mar, Apr & May
May 1	June, July & Aug

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CHECKS PAYABLE TO "DECORAH PARK-REC. DEPT": \$10 service charge on all returned checks. Send form and payment to Decorah Park-Rec. Office, PO Box 513, Decorah, IA 52101. **No receipts will be sent out.**

LATE REGISTRATIONS: For programs that include a team shirt, a shirt will not be guaranteed when registration is received beyond the program deadline. Late registrations for all programs will only be accepted in the Park-Rec. Office if space is available.

REFUNDS: Given only if program is canceled due to low enrollment, program is filled, or registrant cannot participate due to medical reasons.

TEAM ASSIGNMENTS: Children will be placed on teams in a random manner with the exception of children living in the same household who will be assigned to the same team if in the same age/grade division. Requests to "team up" children for carpooling purposes will not be granted. If you feel you have extenuating circumstances, you may fill out a request form at the Park-Rec. Office to be reviewed by our staff.

CHILDREN'S CONDUCT POLICY: Children are required to follow all set rules and guidelines for programs or activities. The use of foul language, fighting or disruption of activities is prohibited. If acts of disruption occur, parents will be notified and further disciplinary actions will be discussed. Consequences of poor behavior may include time outs, temporary suspension or revocation of participation privileges.

REGISTRATION FORM (or register online at <http://parks.decorahia.org>)

HEAD OF HOUSEHOLD/GUARDIAN - FAMILY INFORMATION

FIRST NAME		LAST NAME	
ADDRESS			
CITY		STATE	ZIP
HOME PHONE	WORK PHONE	CELL PHONE	
EMAIL ADDRESS, IF ANY			
EMERGENCY CONTACT NAME AND PHONE			

PARTICIPANT NAME	BIRTHDATE	GRADE	SEX	PROGRAM NAME	FOR BIDDY BASKETBALL ONLY SHIRT SIZE: 6-8, 10-12, 14-16 OR ADULT S, M, L, XL	FEE

Program registrants assume full responsibility for any risk, implicit or direct, by participation in said activity or facility. You are advised the City does not provide medical insurance covering injuries to its participants.	TOTAL AMOUNT DUE
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WAIVER FORM: I, Parent or guardian of the entrant(s) listed above, waive and release any and all rights and claims for damages against the City of Decorah, Decorah Parks and Recreation and its employees, Decorah Community Schools, other sponsors and volunteers, for any and all injuries that may be suffered by the entrant(s) listed above in connection with the above registered activity(ies). I grant the Decorah Parks and Recreation Department permission to use pictures or videos taken of my child during participation in programs. I waive my right to inspection and compensation.

HEAD OF HOUSEHOLD/GUARDIAN'S SIGNATURE _____

YES! I would like to volunteer to coach my child's Biddy Basketball team.

Name _____ T-Shirt Size (circle) S M L XL XXL

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ADULT RECREATIONAL VOLLEYBALL

a free drop-in activity



Recreational volleyball is in the Carrie Lee Elementary Gym (enter through the north doors) **on Tuesdays, November 7 thru March 27 from 7:30 to 10:00 pm.** A schedule is posted in the gym and online.

FAMILY OPEN BASKETBALL

a free drop-in activity for 4th grade and under with a parent

This is an opportunity for kids and parents to get out of the house and enjoy some unstructured basketball play time in the gym. Little Tykes hoops and basketballs will be available for younger kids. Baskets will be lowered to 8 and 9 feet for those that are a bit older.

This activity will be in the Carrie Lee Elementary Gym (enter through the north doors) **on Saturdays from 1:00 to 4:00 pm, November 11 thru February 17.** A schedule will be posted in the gym and online. All children must be accompanied by an adult.

5th- 8th GRADE OPEN BASKETBALL

a free drop-in activity

Open basketball play for Decorah 5th thru 8th grade students in the Carrie Lee Elementary Gym (enter through the north doors) **on Sundays and "no school" days, from 1:00 to 4:00 pm, November 12 thru February 18.** A schedule will be posted in the gym and online.

INTRAMURAL HIGH SCHOOL BASKETBALL LEAGUE

for Decorah High School Students

Games are played in the High School Practice Gym on Sunday evenings, beginning January 7 and running thru March. More registration information will be announced at school as the deadline approaches.

FEE: \$100/TEAM

DEADLINE: WED, DECEMBER 20



BIDDY BASKETBALL

for ages 3 years thru kindergarten

Participants will learn the basic fundamentals of basketball and enjoy actual team competition. Teams are grouped according to age/grade and game rules are modified to accommodate the lower ages and skill levels. Small baskets, balls and fun teaching techniques are used with special emphasis on sportsmanship. Each Saturday consists of a skills session followed by a game.

This program meets in the Carrie Lee Elementary Gym on **Saturday mornings, January 13 thru February 3.** On Thursday, January 11, from 8:00 am to 5:00 pm, please pick up your schedule and team shirt at the Park-Rec. Office

PARENTS: *Two volunteer coaches are needed for each team. Park-Rec. staff will also assist with this program. If you are willing to coach, please include your name and shirt size on your child's registration form.*

FEE: \$20 (includes shirt)

DEADLINE: TUES, JANUARY 2

BIDDY BASKETBALL SPONSORS:

**DECO PRODUCTS COMPANY
GUNDERSEN HEALTH SYSTEM
NORTHEAST IOWA PEDIATRIC
DENTISTRY
THE FAMILY TABLE**

WATER WIZARDS—new! *for grades 3rd thru 4th*



Join us immediately after school in the Carrie Lee cafeteria on **Tuesdays, January 9 thru January 30, from 3:15 to 4:15 pm.** Use your creativity to build mini boats, glaciers, water turbines and so much more! Young scientists will be given a different challenge each week. This exciting new program is supported by Green Iowa AmeriCorps members. It will not be held if school is cancelled or released early due to weather.

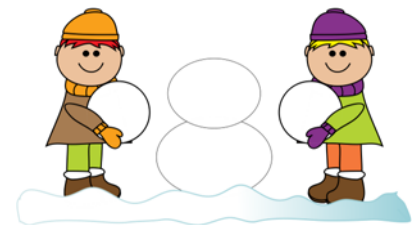
CLASS LIMIT: 20

FEE: \$15

DEADLINE: TUES, JANUARY 2

OPT OUTSIDE

for grades K thru 2nd



Join us on **Thursdays, January 4 thru January 25** for after school winter fun! Each week will include a different outdoor activity based on weather conditions and snowfall amounts. Students will meet immediately after school in the John Cline Gym and then move outside from 3:15 to 4:15 pm. This program is supported by Green Iowa AmeriCorps members. It will not be held if school is cancelled or released early due to weather.

CLASS LIMIT: 25

FEE: \$15

DEADLINE: TUES, JANUARY 2

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NEW YEAR'S EVE BASH

a free event for families & adults

DECORAH PARKS & RECREATION, DECORAH BANK & TRUST, and GUNDERSEN HEALTH SYSTEM are hosting a New Year's Eve Bash at the Luther College Regents Center on Sunday, December 31, from 6:30 to 10:30 pm. Open indoor swimming, track, tennis, racquetball, volleyball, basketball, pickleball and many other games will be available for all ages. There will also be a concession stand for you to purchase pizza, Gatorade, water and other food items.

PLAY PALS

for ages 5 and under with a parent

Thursdays, January 11 thru February 15, from 10:00-11:00 am, in the public meeting room at the Decorah Library. We partner with Toys Go 'Round to provide toys for you to engage in fun unstructured, active play with your child and other participants. *Play Pals will not be held if school is cancelled due to weather.*

FEE: This is a free activity. Upon registering each family is required to sign up to set up and clean up toys after one of the play dates. **This program is limited to 20 kids.**

DEADLINE: TUES, JANUARY 2

FLY FISHING WORKSHOP

for all ages – 12 & under must be accompanied by an adult

The Iowa Driftless Chapter of Trout Unlimited, Decorah Park-Rec., and Winneshiek County Conservation will co-host this workshop on **Saturday, February 10, from 10:00 am to noon** in the DHS Gym. Local casting instructors will discuss equipment, demonstrate basic casts, and work with participants on their fly casting skills. Fly tying demonstrations will also be available. This workshop is free and open to anglers of all ages and levels of experience. **No registration required—just show up!**

THE GREAT INFLATE—new event!

an event for families & kids of all ages



Join us in the high school gymnasium on Saturday, February 24, from 10:00 am to 2:00 pm. Participants can bounce, climb, slide, and run through oversized inflatables during this fun open house. This event features obstacle courses, a giant slide, toddler zone, and other inflatables provided by Kid Again out of La Crosse. Registration is taken at the event—waivers must be signed and cost is \$5 per participant. Observers are free. **This event is sponsored by DECO PRODUCTS, GUNDERSEN HEALTH SYSTEM, THE FAMILY TABLE, AND VIKING STATE BANK & TRUST.**

WAYSIDE RINK

Carl Selland Wayside Park is located at the intersection of College Drive and 5th Avenue. The rink opening date depends on weather conditions favorable for making ice.



WARMING HOUSE HOURS

Monday-Friday: 3:00-7:00 pm

Saturday: 1:00-9:00 pm

Sunday: 1:00 to 7:00 pm

On weekdays when there is no school, the warming house will open at 1:00 pm.

INTRO TO TAEKWONDO



Taekwondo is a fun family activity and great for students of all ages! Under the instruction of Patricia Young, with the American Taekwondo Association, kids will improve their coordination, balance, strength and agility while adults will benefit from improved memory, balance, and flexibility. **Classes are held in the strip mall located at 308 College Drive, Suite # 3 (next to Good Times Grill).**

Tigers: For 4 to 7 years – children are encouraged to register with a parent, but may also register by themselves.

Big Kids: For 8 years & older (including teens and adults)

PLEASE NOTE: After completing one session of Tigers or Big Kids, students need to register directly with Patricia Young and 4Kicks Family Taekwondo to continue their training (not at the Park-Rec. Office)

REGISTRATION FEES

Tigers: 1 child \$45 ~ 1 child, 1 parent \$60
Big Kids: 1 participant \$65 ~ 1 child participant, 1 parent \$85

REGISTRATION DEADLINE FOR ALL CLASSES FRIDAY, JANUARY 12

**Maximum of 8 child participants in Tigers class.
Maximum of 20 participants in Big Kids class**

Class	Session Dates	Class Day/Time
Tigers	Jan 15-Mar 5 + Mar 12	Mon 5:00-6:00 pm
Tigers	Jan 16-Mar 6 + Mar 12	Tues 4:30-5:30 pm
Big Kids	Jan 15-Mar 5 + Mar 12	Mon 6:00-7:00 pm

Big Kids, please note: The studio is also open for additional practice on Tuesdays from 6:00-7:00 pm.

Monday, March 12 is testing day for all classes. Tigers will start testing at 4:30pm; Big Kids start testing at 6:00 pm.