

2017 POOL RULES AND INFORMATION ~ ADULT CLASSES ~ SWIM TEAM

SWIM POOL PHONE: 382-2055

2017 POOL SEASON

Sunday, May 28* thru Tuesday, August 22 (day before school starts in Decorah). *Public swimming hours will be 4:00 to 8:00 pm on Tuesday, May 30 (Decorah School make-up day). Morning and noon lap swim will be held at their regular times.

DAILY ADMISSION FEES

FREE 3 years and under (parents must pay)
\$4.50 4 to 64 years
\$3.50 65 years and up, special needs patrons
\$1.00 Special rate for all paid admissions on Sundays from 5:00 to 8:00 pm

PUBLIC SWIMMING HOURS

Monday thru Friday 1:00-5:25, 6:30-8:30 pm*
Saturday and Sunday 1:00-8:00 pm
*weekdays when Learn to Swim classes aren't scheduled, pool hours will be 1:00-8:30 pm—dates posted at the pool

ADMISSION RULES

1. Everyone must pay admission to enter the pool premises whether or not you actually get into the pool, ie: supervising young children or sun bathing.
2. If you wish to leave and return to the pool on the same day, you must be stamped for re-entry.
3. Children six (6) years and under must be accompanied by an adult. **Infants and toddlers who are not toilet trained must wear a swim diaper.**
4. Park-Rec. is not responsible for lost or stolen items.

POOL CLOSINGS

The pool will immediately close when there is an electrical storm or the imminent threat of one in the immediate area.

SPECIAL EARLY CLOSURES

Tuesday, July 4: Morning and noon lap only, public swim hours will be 1:00 to 6:00 pm.

Saturday, July 29: Noon lap only, public swim hours will be 1:00 to 6:00 pm.

June 13, 20, 29, July 11: The pool will close at 4:00 pm for home swim meets.

POOL PARTIES

Groups may rent the pool in the evenings for private parties after our regular public hours. **Reservations must be booked at least 5 weekdays in advance.** To reserve the pool, call the Park-Rec. Office at 382-4158.

Number in Attendance/Fee Per Hour:

1-50/\$115	151-200/\$220
51-100/\$150	201-300/\$1.25 per person
101-150/\$185	

ADULT LAP SWIM – 18 years & up

Fee: regular daily admission or season/punch pass
Please do not enter pool area until designated time.

Monday thru Friday Lane Availability

6:45-7:45 am – 8 lanes
12:00-1:00 pm – 5 lanes; 6:30-7:30 pm – 3 lanes

Saturday and Sunday Lane Availability

12:00-1:00 pm – 8 lanes; 6:30-7:30 pm – 3 lanes

1 lane is available to lap swimmers during most public hours. Anyone under 15 yrs wanting to swim laps must be accompanied by an adult during regular public hours

ADULT AQUACISES – 18 years & up

An aquatic workout using resistance to the water resulting in muscle toning for arms, stomach, hips and legs, along with flexibility and cardiovascular fitness.

Fee: regular daily admission or season/punch pass

7:45-8:45 am class: Mon thru Fri, June 12 thru August 22, JoAnn Kjome, instructor.

12:00-1:00 pm class: Mon & Wed, June 5 thru August 21, Barb Mahr, instructor. Tues & Thur, June 6 thru August 22, Laura Storlie, instructor. *There is no instructor on Friday, but adults may exercise on their own.*

ADULT SWIM WORKOUTS – 18 years & up

All participants must have a season pass to the pool.

Registration fees must be paid and pass purchased by June 9. Laura Storlie will lead the classes, which run from June 12 thru July 20. Both levels are offered at the time slots below so please indicate the level you are signing up for on your registration form.

INTRO TO FITNESS SWIMMING – designed for varied ability levels and those wanting to boost their technique and endurance.

MASTERS SWIM WORKOUTS - designed for those with swimming experience, good for developing endurance, technique & overall fitness.

(#88-17) Mon, 5:30-6:30 pm Max: 12 Fee: \$15

(#88-18) Tues & Thurs, 10-11 am Max: 18 Fee: \$30

ADULT SWIM LESSONS – 18 years & up

JoAnn Kjome will instruct this beginning level swim class.
(#88-19) July 31-Aug 4, 11 am-noon Max 8 Fee: \$35
Registration Deadline: July 21

DECORAH SWIM TEAM



Swim Team Registration runs thru Monday, May 15.

All registrations and payments are done online at www.decorahswim.com, where you may also find practice schedules and other important information.

Swim Team Requirements:

Participants must be 18 years old or younger, have the ability to swim 25 yards without assistance, pay all required fees, and have a season pass to the Decorah Pool.

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PLEASE OBSERVE THE FOLLOWING RULES DURING YOUR POOL VISIT.



BATHHOUSE RULES

1. All patrons must take a shower before entering pool.
2. Please use the toilet facilities before entering the pool.
3. Any person who is supervising a child 6 years and under, and anyone using the pool area must be wearing a swimsuit.
4. NO cutoffs, street clothes, aquasocks or street shoes in the pool. Clean T-shirts may be worn over suits.
5. NO food, candy, drinks or glass containers in pool area.
6. NO alcoholic beverages or smoking in the pool area or bathhouse.
7. Persons with infection, open sores, cuts, a cold, or other communicable disease will not be admitted.



POOL RULES

1. No diving during public swim except off of the diving boards.
2. No running, rough play, dunking, or pushing others into pool.
3. Sponge balls allowed in the 3' to 5' areas of the pool depending on crowd size.
4. Artificial swim aids and flotation devices will not be permitted. This includes lifejackets, water wings, those built into swim suit, beach balls, and noodles.
5. For your safety, no food, alcoholic beverages, smoking, glass containers or coolers.
6. Talking to lifeguards is not permitted unless it's official business or an emergency.
7. Swim masks, snorkels and swim fins allowed in shallow end only.
8. Spitting, blowing of nose, spouting water into the pool is not allowed--please use the gutter.
9. Do not hang on the safety rope.
10. Face pool while jumping from edge. Jumping in backwards, flips, and gymnastic stunts are not allowed. Must jump in feet first.
11. Riding on shoulders is not allowed.
12. Lap swimming in lap lane only. No children allowed in pool area during the morning and noon lap swims.
13. No squirt guns allowed in pool or grass area..
14. No footballs, soccer balls, Frisbees or skateboards in pool or grass area.



DIVING RULES

1. A person using the diving area must be able to swim 25 yards upon lifeguard's request.
2. One person on the board at any one time. The next person waits on the deck until the person ahead is safely on the way to the ladder.
3. Only one bounce before a dive.
4. Dive straight off the board, swim directly to the closest ladder following a dive.
5. No swimming under the boards.
6. Head-first dives only. We recommend you enter water with hands over head and steer toward the surface. No cartwheels or gainers allowed.
7. No diving from the side of the pool in the diving well.
8. No one is allowed to catch a person going off the board.
9. No items may be thrown from the boards into the pool.

PORPOISE POINT BABY POOL RULES

1. Only children four (4) years and under allowed.
2. All children MUST be supervised by an adult.
3. No running, rough play, "dunking", and pushing others into pool
4. Swim aids and flotation devices are not allowed.
5. Water toys must not be left unattended.
6. No one is allowed on the dolphin.

SAND ISLAND RULES

1. Children six (6) years and under must be accompanied by an adult.
2. Absolutely NO glass objects allowed.
3. Do not throw sand or carry sand outside Sand Island area.
4. Please do not leave toys unattended.
5. Everyone must wash sand off before returning to pool area.

THE SNACK SHACK

1. Place all trash and litter in trash containers.
2. Enjoy your treats while at the Snack Shack--do not take into pool area.

SAFETY BREAKS

When the pool is very crowded, there will be safety breaks at intervals determined by the manager for 15 minutes. At this time, only 18 years and over will be allowed in the pool.

WATERSLIDE RULES ARE POSTED BY THE SLIDE.