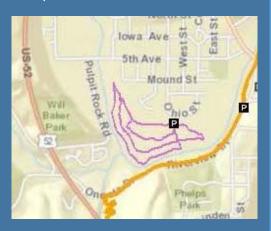


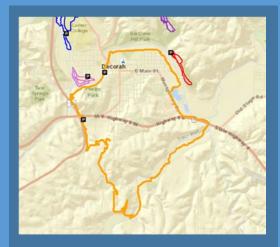
PALISADES PARK

2 miles of groomed classic track and skating lane for intermediate to advanced skiers. Trails show a spectacular view of Decorah.



COMMUNITY PRAIRIE

2 miles of groomed classic track, very flat and perfect for beginning to intermediate skiers. Access from Ohio Street.



TROUT RUN TRAIL

track and skating lane consisting of hills and flat land. 3/4 mile of this trail (Dug Road) is lighted for night skiing. Dug Road to Fish Hatchery going south is for intermediate to advanced skiers. Fish Hatchery going north is for beginning skiers.

UPPER ICE CAVE

1.25 miles of ungroomed medium to technical trails winding through pine and other native trees. Offers a beautiful view of the Upper Iowa River Valley below. Access from Ice Cave Road.

LOWER ICE CAVE

1 mile flat ungroomed trail winding along the Upper lowa River for beginning to intermediate skiers. Access from Ice Cave Road.

TWIN SPRINGS PARK

3/4 mile ungroomed trail overlooking Twin Springs trout stream for intermediate to advanced skiers. Access is gained through Twin Springs Park off of US Hwy 52.

FOR MORE INFORMATION

Decorah Parks and Recreation
400 Claiborne Drive — PO Box 513
Decorah, IA 52101
(563) 382-4158
parkrec@decorahia.org
www.decorahia.org



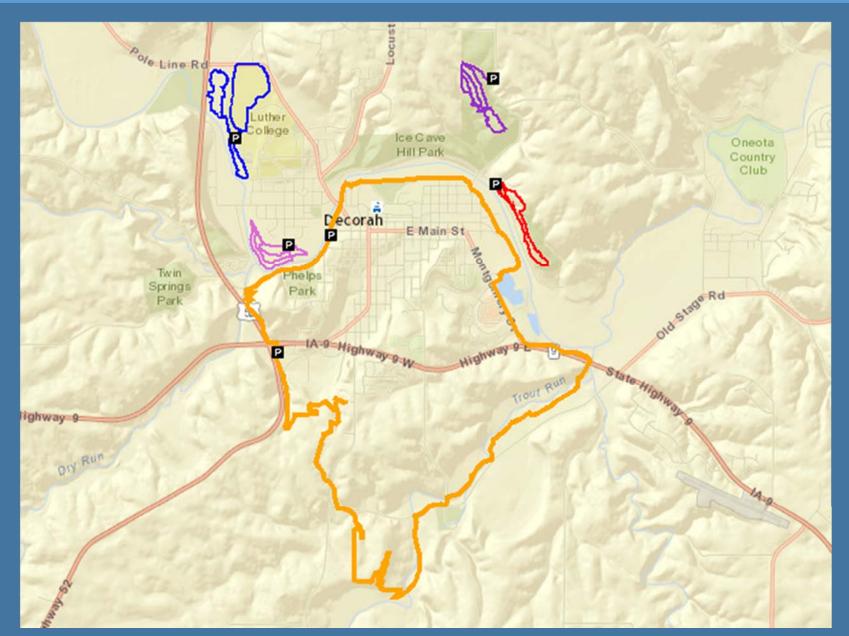
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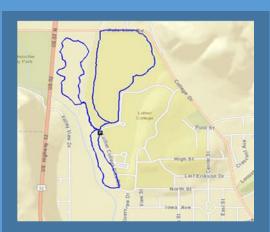
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Decorah Cross Country Ski Trails





<u>WINTER TRAIL COURTESY:</u> Trails are used year round for a variety of activities. Bikers, people on foot, snowshoes or with pets should use the smooth packed area provided on one side and stay off of groomed classic track and combed areas for skate skiing.



CAMPUS CROSS COUNTRY

3 miles of groomed classic track and skating lane, perfect for beginning skiers. Access across from Regents Center on Luther College Campus.



VAN PEENEN PARK

2 miles of groomed classic track for beginning to intermediate skiers. Winds through a native prairie and pine trees. Access from Skyline Road.